

Ski and Snowboard Lesson Levels

SKIING LEVEL DESCRIPTIONS:

SNOWBOARDING LEVEL DESCRIPTIONS:

I Have Never Skied — OR
I Have Never Had a Lesson.

LEVEL 1

I Have Never Ridden — OR
I Have Never Had a Lesson.

I Ski, BUT
I am still working on My Control
— Turning and Stopping —
On the GREEN Trails

LEVEL 2

I Ride, BUT
I am still working on my Control —
I Turning AND Stopping
(Both Toe Side & Heel Side).

When I Ski,
I MAINTAIN CONTROL by Turning and
Stopping. My Wedge (Pizza) is My Comfort
Zone.

LEVEL 3

I Ride AND I MAINTAIN CONTROL
By Linking Turns using both my Toe & Heel Side.
My comfort Zone is the GREEN Trails.

While I may have gone beyond Green Trails, I
MAINTAIN CONTROL on the GREEN Trails
While
KEEPING my SKIS PARALLEL throughout
my linked turns.

LEVEL 4

I Ride AND
I MAINTAIN CONTROL
By Linking Turns
— Using Both My Toe & Heel Side —while on the
BLUE Trails.

While I may have gone beyond Blue trails, I
MAINTAIN CONTROL on the BLUE Trails
By KEEPING my SKIS PARALLEL while
linking my turns.

LEVEL 5

I Ride AND
I MAINTAIN CONTROL
By Linking Turns
— Using Both My Toe & Heel Side —while on the
BLACK Trails.

I am comfortable on
ALL the BLACK trails,
AND MAINTAIN CONTROL
By Keeping my SKIS PARALLEL
throughout my linked turns.

LEVEL 6

I Ride AND
I MAINTAIN CONTROL
By Linking Turns
— Using Both My Toe & Heel Side —while on the
BLACK Trails
AND in the Terrain Park.