

Rock Garden

Supplies:

- Dry Rocks previously collected from stream
- Acrylic Paint
- Cleared area of the park – gazebo mulch

**Location:** Location to collect rocks and Rec Park Gazebo

Directions:

- Spend a day collecting rocks from a stream prior to this activity
- From the collection, create gather the appropriate sized rocks for petals and a center to a flower
- Paint the center and petals
- Once it dries, “plant” your flower in the wood chips at the Rec Park Gazebo



#beekmanreccamptivities

Town of Beekman  
Recreation and Parks  
Park Lover Activity Book  
Summer Edition 2020  
Camptivities Volume 4



If you missed Volume 1, 2, or 3, just give the office a call at 845-227-5783, and arrange to pick one up!

Camptivities are activities normally planned for camp and adapted for families to enjoy together. We selected activities needing minimal supplies, and have listed possible substitutions you might have in your home! Camptivities can be enjoyed in our Beekman parks:

- Rec Center Park
- Town Center Park
- Doherty Park

Share your camptivity fun with us on social media:

#beekmanreccamptivities  
#ilovesummer

<https://www.facebook.com/BeekmanRec/>

www.beekmanrec.com

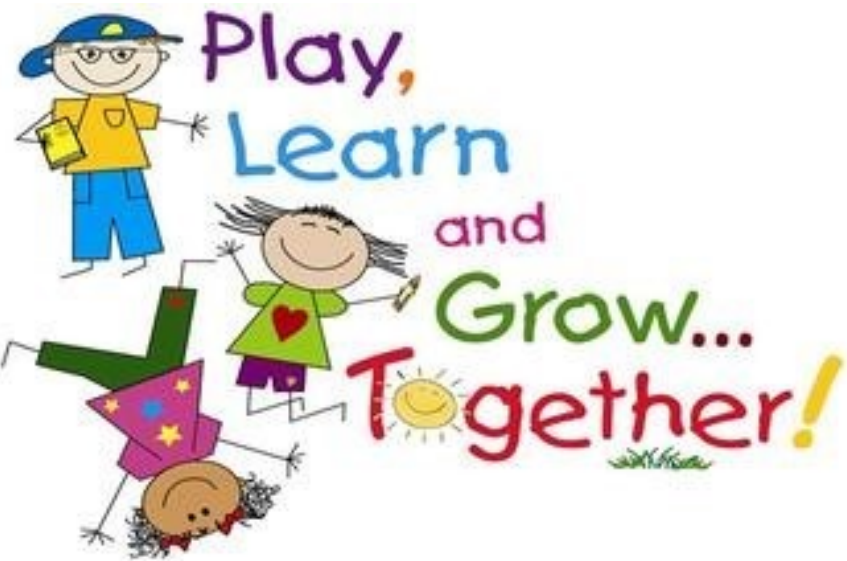


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# Colors in Nature

**Supplies:** Crayons/Markers

**Suggested Location:** Doherty Park Nature Trail if open, if not, Rec Park Walking path

**Directions:** Find something along your walk and write it in, or draw what you find in the box using the appropriate color crayon or marker

Red	Orange
Yellow	Green
Blue	Purple

# Gum Drop Building

**Supplies:**

- Gum drops
- Toothpicks
- Matchbox cars
- Book or other weight
- Tongue depressors or flat pieces of wood or plastic

**Directions Windmill:**

Activity 1

What is the tallest structure you can build with 20 gumdrops and 25 toothpicks

Activity 2

Think like an engineer and use the 30 gum drops and 40 toothpicks to build a bridge that a matchbox car can travel under while it holds up a book

Activity 3

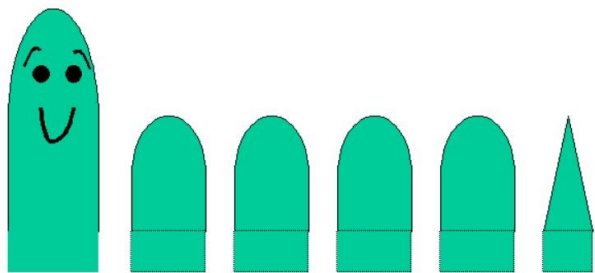
Build a bridge that a match box car can ride across by adding tongue depressors to the supplies in Activity 2



# Turtle Families

## Supplies:

- Plastic containers
- Egg Cartons
- Glue
- Scissors
- Green Construction paper or white paper colored green
- Green Tissue paper or napkins
- Templates below for head, tail and appendages



**Location:** Table in Town Center Park or Rec Center Park

## Directions:









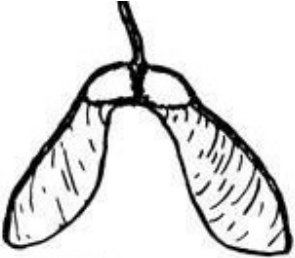
- Cut or tear the construction paper, tissue paper or napkins into 1/2 inch (ish) pieces.
- Turn container upside down and spread glue over it. For this project, you can actually dilute glue up to 1/2 and 1/2 with water
- Put the torn pieces of paper onto the container, overlapping them. You can use different colors of green or even light brown for a mottled effect.
- If needed, coat the outside with a bit of glue once you have all the pieces on
- Let dry.
- While it's drying, prepare your head and legs (U shapes) and tail (V shape). You can use white paper and color or use green construction paper.

# Seed Hunt

**Supplies:** Markers or pencils

**Location:** Doherty Park Nature Trail if open, or Rec Park Walking Path

**Directions:** Plants make seeds so new plants can grow. Seeds have many different ways to spread so they can grow a new plant away from the original. See if you can find all the seeds shown and think of how each of those seeds successfully spreads to make a new plant.

<b>Berries</b> 	<b>Burrs</b> 	<b>Cones</b> 
<b>Drupe/Fruit</b> 	<b>Hairy</b> 	<b>Nut</b> 
<b>Pods</b> 	<b>Winged</b> 	<b>Winged x2</b> 



## Water Snooper

**Suggested Supplies:** Large metal can or bucket with top and bottom removed, plastic wrap, rubber bands

**Location:** Any shallow water creek

### Directions:

- Wrap the bottom opening of the can with plastic wrap and secure with rubber band
- Immerse the covered end in water and look through it - rocks and animal life will be much more clear than looking through the water with the naked eye!



## What are you Doing???

**Supplies:** None

**Location:** Flat, grassy area free of rocks and roots in any Beekman park

### Directions:

- Stand in a circle
- The first person (A) starts miming an activity, such as eating an apple. The person to their left (B) says "What are you doing?". A keeps miming and says "I'm eating an apple, and then says "why don't you -----" (names a different activity). For example, if A was miming eating an apple, they could say "why don't you play the piano".
- B then starts playing a piano. A stops their mime. Now the third person (C) asks B, "What are you doing?". B keeps playing the piano and suggests a different activity, which C must mime.
- And so it goes on.
- There should be no repetition and no similar activities. For example if you are miming climbing a ladder you cannot say, "climbing the stairs". Equally you should not name an activity that looks like the one you are actually doing. For example, if you are cleaning a window you cannot say "waving good-bye" – because it looks very similar!
- Activity ideas to mime include:
  - Playing basketball
  - Swimming
  - Jogging
  - Cooking
  - Drawing
  - Driving
  - Watering plants
  - Washing the table
  - Scrubbing a toilet

## Pass an Emotion

**Supplies:** Just your family!

**Location:** any flat, grassy area free of rocks and roots in any Beekman park

### Directions:

- Sit your family in a circle
- With very little explanation simply say that we're going to pass a smile around the circle. Start this off by passing a big smile to the person sitting to your left, and then encourage it all the way around.
- Using the same principle, pass further emotions or feelings
- Ideas include:
  - Sad
  - Excited
  - Angry
  - Hungry
  - Scared
  - Jealously
  - Embarrassment
  - Shyness

## Jousting

**Supplies:** Markers or pencils

**Location:** Town Center Park - flat grassy area

### Directions:

- Each person should stand on one foot, and hold the other foot up with their hand, then put the other hand in front of them, palm out
- Then they hop around on the one foot, and only using their palm out hand, can push other person's palm out hand to challenge each other's balance
- Last person standing on one foot has the best balance!



## Everybody Up!

**Supplies:** Be sure to wear snockers (sneakers & socks)

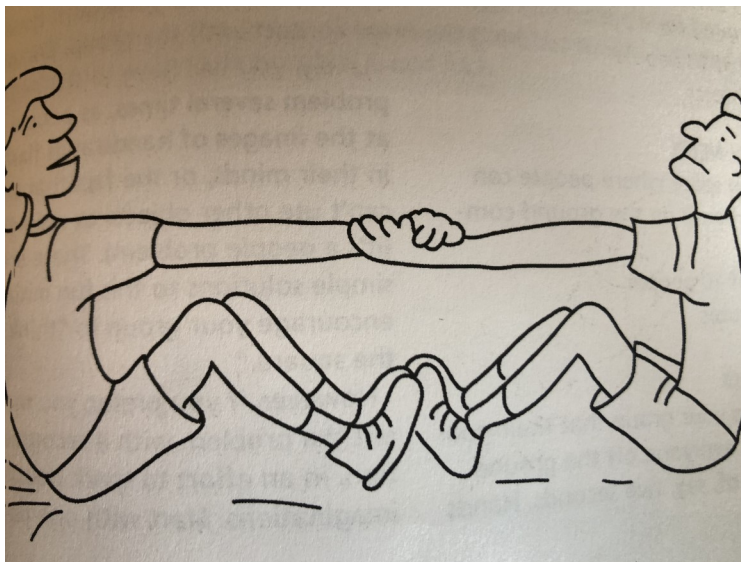
**Location:** Flat grassy area

### Directions:

- Partner your family members up with someone approximately the same size
- Have them sit on the ground facing each other like the photo:
  - Balls of their feet touching
  - Knees Bent
  - Hands tightly grasped
- From this position, they should use each other's weight to leverage themselves into a standing position

### Enhancements:

- Each pair, in their group of two, can try to stand again, but starting sitting back to back
- Each pair can join another pair and the four of them try to stand



## What Bean Am I?

**Supplies:** nothing needed

**Location:** Shady area of any park

### Directions:

- Come up with a list of beans for each team of two people - sample beans are listed here:
  - Lima Bean
  - String Bean
  - Frozen Bean
  - Jelly Bean
  - Baked Bean
  - Jumping Bean
- For this it is best to have teams of 2 individuals working together.
- Explain that acting must be VERY dramatic so the audience can understand what the actor is going through – today you are going to be challenged to act out a bean!
- Once assigned a bean, each group must then come up with a way to act it out so that the other groups can guess what type of bean they are!