



Town of Beekman Recreation & Parks

29 Recreation Center Road
Hopewell Junction, NY 12533
845-227-5783 845-227-9685F

recdirector@townofbeekmanny.us www.beekmanrec.com



Position Description

Title: Senior Yoga Instructor

Classification: Contractual

Requirements: Age 21 or over preferred; Yoga certifications, First Aid and CPR certification or willingness to acquire; knowledge of Senior physical abilities; weekly availability for class; ability to memorize names; warmth and friendliness to create a welcoming atmosphere for all participants; diplomacy in customer service, and conflict resolution skills; references; willingness to track attendance.

Reports to: Senior Coordinator

Description of Duties/Responsibilities include, but are not limited to:

- Will attain/maintain active Yoga, First Aid and CPR certifications
- Design and deliver yoga program interested Seniors
- Learn the first and last names of all participants
- Track attendance and refer non-registered individuals to the Rec Office to sign up
- Build relationships with the participants to know the interests and abilities of each, and be able to create opportunities to engage their skills and interests
- Make referrals as needed or seek assistance for Seniors from a variety of outside agencies
- Facilitate the development of relationships between Seniors
- Create a friendly, welcoming atmosphere
- Be a positive representative of Beekman Recreation both within the program and the community
- Complete other related work as required

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Contractor Application

Last Name		First Name		Middle Initial	Email
Home Phone		Cell Phone		Work Phone	
Street	Town	State	Zip	Non-Summer Position/s Desired	Summer Position/s Desired

Do you meet the minimum age requirement described in the position description? ___No ___Yes ___DNA

Are you a resident of the Town of Beekman? ___No ___Yes

Have you been previously employed by, or contracted with, the Beekman Rec ___No ___Yes: List years & positions: _____

Have you ever been convicted of a crime (other than traffic violations)? ___No ___Yes: please state offense: _____, date: _____ and location: _____. (A conviction record will not necessarily be cause for disqualification)

Describe your experiences, if any, with the Beekman Rec: _____

Describe any leadership experiences you have had: _____

Describe any experience you have had working with the age group/s you are applying to work with: _____

Please describe any interests or skills that you could share with Rec members: _____

Please list any relevant professional experience and affiliations (continue on separate paper if needed): _____

List updated certifications, licenses and trainings (Please enclose a copy):

<u>Type</u>	<u>Expires</u>	<u>Type</u>	<u>Expires</u>
Drivers License # _____	_____	CPR (Type) _____	_____
State _____	_____	Lifeguard _____	_____
Community First Aid _____	_____	WSI _____	_____
AED _____	_____	Project Adventure _____	_____
RTE _____	_____		

EDUCATION

Name of Schools (High School, College, Graduate School)	Major area of study	Dates	Highest Grade Completed	Degree or Credits

EMPLOYMENT EXPERIENCE - *List most recent experiences first-enclose resume or use additional paper as needed*

EMPLOYER'S NAME , ADDRESS & EMAIL MAY WE CONTACT?	POSITION/MAJOR RESPONSIBILITIES	REASON FOR LEAVING	
	TYPE of BUSINESS	DATES EMPLOYED From To	SUPERVISOR'S NAME & PHONE
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List 3 non-relatives and non-peers who can attest to your character, work ethic and ability to do the type of work you are applying to perform

NAME & EMAIL	ADDRESS	PHONES	POSITION/ TITLE

- I certify that the statements made on submitted materials are true and correct to the best of my knowledge.
- I understand that any misinformation, falsification or failure to disclose pertinent information will result in the termination of my services.
- I authorize all present or prior employers, educational institutions and the individuals listed by me, to release to Beekman Recreation, any information relevant to my application, including information about my employment record, and hereby release them from liability and responsibility for doing so.
- I understand that Beekman Rec reserves the right to conduct a criminal background check.
- If hired I agree to consent to random blood and alcohol testing and that failure to submit to such testing immediately shall be grounds for dismissal.

Signature

Date