

# **Beekman Senior Citizens**



**April 30 – May 7-** Trip sign up begins at 10 am for the June 14 trip to Mariners’ Harbor Restaurant and Hudson River Cruise from Kingston.

\$59 pp resident/senior. \$79 pp non resident/non senior.

**May 10 – “REHAB RIGHT DOWN THE ROAD” – A representative from the Grand Rehab Facility will discuss services available right down the road in Pawling. Refreshments will be served, so please reserve your spot by May 7.**

**May 24 – Library Visit with Katherine at noon.**

**May 24 – Hot Dog Day Pot Luck Lunch. \$3pp. Reservations required by May 17.**

**Chair Yoga** continues on Thursdays only at 2 pm. Registered members only.

*Happy Birthday to: MARIE ACAMPORA, JOSEPHINE BERTUZZI, BARBARA BURKE, GAIL COSSA, ADELE GAYLOR, JOAN KREMPSKI, APRIL SAWICKI, MARY SCANLON, GISELA SIEGEL.*

***Questions/Concerns:***

***Susan Gartner***

***221-1783 (home, please respect)***

***[www.beekmanrec.com](http://www.beekmanrec.com)***

# 2018

# MAY

october

## Senior Programs Calendar

SUNDAY



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30 Trip sign up begins at 10 am today for Hudson River Cruise on June 14.	01	02	03 Jazzercise 8:45 Beading 10 Cards/games 10 Bingo 12:45 Chair Yoga 2	04	05
06	07 Sole Mates 9 Cards/games 10 Crafts 10 Bingo 12:45	08	09	10 Jazzercise 8:45 Beading 10 Cards/games 10 Speaker "Rehab" 12:15 Bingo 12:45 Chair Yoga 2	11	12
13	14 Sole Mates 9 Crafts 10 Cards/games 10 Bingo 12:45	15	16	17 Jazzercise 8:45 Beading 10 Cards/games 10 Bingo 12:45 Chair Yoga 2	18	19
20	21 Sole Mates 9 Crafts 10 Cards/games 10 Bingo 12:45	22	23	24 Jazzercise 8:45 Beading 10 Cards/games 10 Library 12 'Hot Dog Day Pot Luck 12:15 \$3 pp Res.req.	25	26
27	28 Memorial Day Center closed	29	30	31 Jazzercise 8:45 Beading 10 Cards/games 10 Bingo 12:45 Chair Yoga 2	01	02